RUGBY · RIVERSIDE RUGBY CLUB

First aid log: all matches

2 fixtures with first aid recorded, Sun 8 Nov 2026 to Sun 8 Nov 2026

5 entries for 5 players · 3 returned to play · 2 did not return to play · 1 head injury

Time	No.	Player	Injury or complaint	First aid given	Given by	Outcome	Parent informed	Notes
Sun 8 Nov 2026 · 1st XV v Harbourside RFC (home) · KO 14:00 · 4 entries								
14:22	4	**Ollie Brandt** Senior	Cut, graze or blood injury Head	Wound cleaned and dressed, Bleeding controlled	Demo rehabilitator	Returned to play	–	Cut above the left eyebrow from a clash in the lineout. Blood bin, 6 minutes.
14:51	11	**Callum Fairweather** Senior	Bruise or dead leg Quadriceps (Right)	Cold therapy, Compression	Demo rehabilitator	Returned to play	–	
15:12	13	**Matt Okonkwo** Senior	Sprain or strain Ankle (Left)	Cold therapy, Compression, Strapped or taped	Demo rehabilitator	Did not return to play	–	Rolled the ankle in a tackle. Able to weight-bear. Review on Monday.
15:38	9	**Ben Tyrell** Senior	Cramp Calf / shin (Left)	Rest and monitoring	Demo rehabilitator	Returned to play	–	
Sun 8 Nov 2026 · Colts v Marlow Colts (away) · KO 11:00 · 1 entry								
11:34	–	**Finn Calder** U18	**Head injury or suspected concussion** Head	Head injury check, Rest and monitoring	Demo rehabilitator	Did not return to play	Yes	Recognise and remove. Not returned to play. Parent collected him and was given the head injury advice sheet.