RUGBY · RIVERSIDE RUGBY CLUB

Matchday medical pack

1st XV v Westbury RFC (away) · Sun 15 Nov 2026 · KO 14:00

23 players · 1 allergy recorded · 3 players with a current injury

No.	Player	Emergency contacts	Home address	Allergies	Conditions and medication	Injury history
Starting XV						
1	**Tom Ashworth** Born 2 Jan 1994, aged 32 Loosehead prop · Senior	Emergency contact (demo) (Parent) 07700 900200	2 Example Lane Riverside RV1 1ZZ	None recorded	None recorded	None recorded
2	**Dan Fenwick** Born 7 Feb 1995, aged 31 Hooker · Senior	Emergency contact (demo) (Partner) 07700 900201	9 Sample Road Riverside RV2 2ZZ	None recorded	None recorded	None recorded
3	**Mo Haddad** Born 12 Mar 1996, aged 30 Tighthead prop · Senior	Emergency contact (demo) (Parent) 07700 900202	16 Fictional Close Riverside RV3 3ZZ	None recorded	None recorded	None recorded
4	**Ollie Brandt** Born 17 Apr 1997, aged 29 Lock · Senior	Emergency contact (demo) (Sibling) 07700 900203	23 Placeholder Way Riverside RV4 4ZZ	None recorded	None recorded	None recorded
5	**Jamie Calloway** Born 22 May 1998, aged 28 Lock · Senior	Emergency contact (demo) (Parent) 07700 900204	30 Demo Avenue Riverside RV5 5ZZ	None recorded	None recorded	None recorded
6	**Rhys Penhale** Born 27 Jun 1999, aged 27 Blindside flanker · Senior	Emergency contact (demo) (Partner) 07700 900205	37 Riverside Terrace Riverside RV6 6ZZ	None recorded	None recorded	None recorded
7	**Kofi Mensah** Born 15 Dec 2001, aged 24 Openside flanker · Senior	Emergency contact (demo) (Sister) 07700 900107	44 Specimen Street Riverside RV7 7ZZ	None	None recorded	CURRENT: Hamstring (Left) · Muscle / tendon, since 5 Nov 2026 (unavailable) Before joining: Left hamstring strain (2024)
8	**Gareth Lowe** Born 10 Aug 2001, aged 25 Number 8 · Senior	Emergency contact (demo) (Partner) 07700 900207	51 Imaginary Grove Riverside RV8 8ZZ	None recorded	None recorded	Shoulder (Left) · Ligament / joint, Sep 2026
9	**Ben Tyrell** Born 15 Sep 2002, aged 24 Scrum-half · Senior	Emergency contact (demo) (Parent) 07700 900208	58 Example Lane Riverside RV9 9ZZ	None recorded	None recorded	Hamstring (Right) · Muscle / tendon, Sep 2026
10	**Josh Varley** Born 24 Jul 1997, aged 29 Fly-half · Senior	Emergency contact (demo) (Partner) 07700 900108	5 Sample Road Riverside RV1 1ZZ	**Hay fever**	Medication: Antihistamine in summer	CURRENT: Knee (Left) · Ligament / joint, since 11 Oct 2026 (return to play) Before joining: Left knee ligament sprain (2023)

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11	**Callum Fairweather** Born 25 Nov 2004, aged 21 Left wing · Senior	Emergency contact (demo) (Parent) 07700 900210	12 Fictional Close Riverside RV2 2ZZ	None recorded	None recorded	Quadriceps (Right) · Contusion, Oct 2026
12	**Ravi Sandhu** Born 9 Mar 1999, aged 27 Inside centre · Senior	Emergency contact (demo) (Partner) 07700 900106	19 Placeholder Way Riverside RV3 3ZZ	None	None recorded	CURRENT: Ankle (Right) · Ligament / joint, since 29 Oct 2026 (modified) Before joining: Right ankle sprain (2022)
13	**Matt Okonkwo** Born 8 Jan 1995, aged 31 Outside centre · Senior	Emergency contact (demo) (Parent) 07700 900212	26 Demo Avenue Riverside RV4 4ZZ	None recorded	None recorded	None recorded
14	**Leo Bracken** Born 13 Feb 1996, aged 30 Right wing · Senior	Emergency contact (demo) (Partner) 07700 900213	33 Riverside Terrace Riverside RV5 5ZZ	None recorded	None recorded	None recorded
15	**Nathan Quill** Born 18 Mar 1997, aged 29 Full-back · Senior	Emergency contact (demo) (Parent) 07700 900214	40 Specimen Street Riverside RV6 6ZZ	None recorded	None recorded	None recorded
Replacements						
16	**Harry Dunmore** Born 6 Jun 2000, aged 26 Loosehead prop · Senior	Emergency contact (demo) (Partner) 07700 900217	61 Sample Road Riverside RV9 9ZZ	None recorded	None recorded	None recorded
17	**Josh Kemp** Born 28 May 1999, aged 27 Hooker · Senior	Emergency contact (demo) (Parent) 07700 900216	54 Example Lane Riverside RV8 8ZZ	None recorded	None recorded	None recorded
18	**Luke Pratt** Born 23 Apr 1998, aged 28 Tighthead prop · Senior	Emergency contact (demo) (Sibling) 07700 900215	47 Imaginary Grove Riverside RV7 7ZZ	None recorded	None recorded	None recorded
19	**Will Strachan** Born 11 Jul 2001, aged 25 Lock · Senior	Emergency contact (demo) (Parent) 07700 900218	8 Fictional Close Riverside RV1 1ZZ	None recorded	None recorded	None recorded
20	**Fraser Gale** Born 16 Aug 2002, aged 24 Openside flanker · Senior	Emergency contact (demo) (Partner) 07700 900219	15 Placeholder Way Riverside RV2 2ZZ	None recorded	None recorded	None recorded
21	**Ed Holloway** Born 21 Sep 2003, aged 23 Scrum-half · Senior	Emergency contact (demo) (Parent) 07700 900220	22 Demo Avenue Riverside RV3 3ZZ	None recorded	None recorded	None recorded

No.	Player	Emergency contacts	Home address	Allergies	Conditions and medication	Injury history
22	**Sione Taufa** Born 26 Oct 2004, aged 22 Inside centre · Senior	Emergency contact (demo) (Sibling) 07700 900221	29 Riverside Terrace Riverside RV4 4ZZ	None recorded	None recorded	None recorded
23	**Dev Raman** Born 4 Nov 1994, aged 32 Right wing · Senior	Emergency contact (demo) (Parent) 07700 900222	36 Specimen Street Riverside RV5 5ZZ	None recorded	None recorded	None recorded